



Shakti Pilgrimage – What's Included

- ▽ 14 nights in our moon retreat haven in the coconut paddy fields
- ▽ 14 morning pujas at the Temple (optional)
- ▽ 12 x 2 hour morning Shakti Vinyasa sessions with Michelle
- ▽ Fresh coconut water and jelly after class
- ▽ 11 x 1.5 hour Soulful Vinyasa, Ritual + women's circle
- ▽ 3 Therapeutic Ayurveda Massages
- ▽ Private transfer to and from the airport
- ▽ Trip to the city and the amazing Ganesha Temple + shopping
- ▽ Free WIFI in all rooms
- ▽ Kettle, fridge in all rooms
- ▽ Single occupancy rooms

Sacred Sisterhood Retreat Activities

- ▽ Full Moon Ritual to empower and honour you as a woman
- ▽ Waning moon rituals to release, let go and create space for new
- ▽ Kali Initiation
- ▽ Lalita initiation
- ▽ Women's circle – a sacred space for conscious communication
- ▽ Chakra clearing ritual with Michelle
- ▽ Fire Ritual
- ▽ Water Ritual
- ▽ Maha Shivratri Festival to close the retreat – amazing tribal woman ritual

What's not included

- ▽ Your airfare and extra travel expenses, not listed here
- ▽ Personal, medical or trip cancellation insurance
- ▽ Extra nights booked outside the retreat dates
- ▽ Additional Ayurveda treatments
- ▽ Souvenir shopping, tips for staff
- ▽ Lunch and dinner – costs as little as £2.50 a meal

Cancellation & Payment Policy

It is your responsibility to read and understand this cancellation policy. By coming on this India Retreat, you take responsibility for all your travel arrangements and release Michelle Cross from any liability that may arise from your negligence or from your participation in the retreat. No one books a retreat with the intention of cancelling it, but unexpected events do occur and you are encouraged to buy travel / cancellation insurance to cover any unfortunate eventualities. You are responsible for all your travel arrangements including obtaining up to date Visa and ensuring your passport is up to date and valid for travel.

Michelle's retreat has limited numbers to allow for a more personable, intimate experience. The non-refundable cancellation policy is in place to ensure the highest quality of service and experience for all. Exceptions cannot be made for any reason, including weather, injury/ illness, or personal emergencies. No refunds for arriving late or leaving early is available. Deposits and final amounts are non-refundable. The final payment must be made 90 days before the retreat begins. If you sign up for the retreat within 90 days of the retreat starting full payment is required upon registration